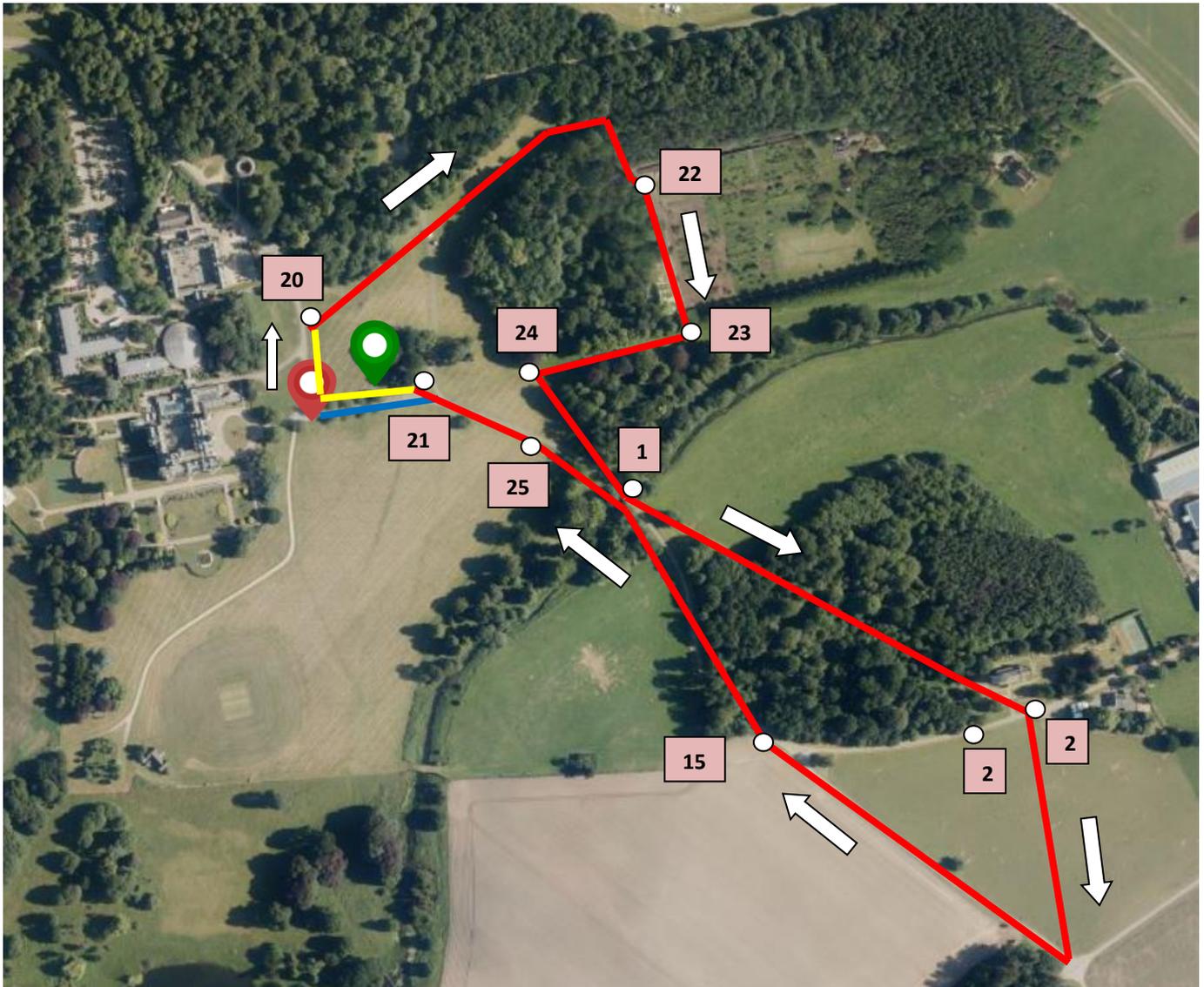


Thoresby 5k Route Map:



DIRECTIONS

Start inside the 5k 2nd lap funnel on the grass (yellow line). Make a right turn up the hill past Thoresby Hall then bear right to make your way up the next incline towards the forest making sure you stay in between the white fence posts.

When reaching the forest, continue straight until you see an arrow / marshal turning right down towards the Walled Garden. Once through the trees, run straight and through a gated archway. Carry on until you reach another gate then make an immediate right turn along the grass.

After passing through the trees, keep left down the grass towards Stone Bridge & over. Keep left and run straight through the second picturesque forest until you reach Perlethorpe Church that will be on your left. Run straight until you reach the marshal opposite the church next to the gate at the fence.

Turn right through the gate onto the field and run straight across in between the white fence posts. Run out through the gate on the opposite side and immediately turn right down the hill back over Stone Bridge.

KEY: 2 Lap Course



- Run route (2.5km)

- Entry to 2nd lap

- To the finish

- Run direction

- Marshal Point